



GREEN TEA IS BRIMMING WITH NATURAL FLAVONOIDS

A diet rich in flavonoids may help keep the cardiovascular system healthy



GREEN TEA HAS ZERO CALORIES

GREEN TEA KEEPS YOU HYDRATED

When brewed it's 99% water so it keeps you hydrated in a pleasurable and tasty way

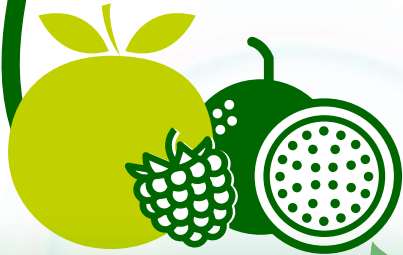
IT TYPICALLY CONTAINS LESS CAFFEINE THAN FILTER COFFEE

but also contains theanine, making it perfect for a gentle mid-afternoon uplift



GREAT FLAVOURS

There are lots of exciting flavours, like mixed berry and orange, passionfruit & Jasmine from Lipton



REASONS TO GO GREEN

A ONE CUP MARVEL

MORE FLAVONOIDS THAN...

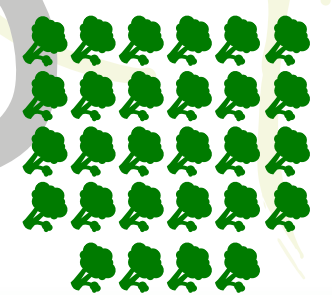
3 CUPS OF FRESH ORANGE JUICE*



2 MEDIUM SIZED RED APPLES*



28 CUPS OF COOKED BROCCOLI*



The ART of the Brew

STEP 1

Start with fresh, cold water

STEP 2

Boil the kettle, but let it cool slightly before you pour

STEP 3

BAG FIRST

... then add water, so the leaves can unleash their flavour

STEP 4

Brew to be blissful in just two minutes



NOW...
Enjoy
A REFRESHING CUP OF GOODNESS!



*without added milk or sugar

*Unilever proprietary data. Flavonoid content has been calculated using the USDA Database for the Flavonoid Content of Selected Foods, Release 3.1 (May 2014) (NDB No. 09500, 11091, 09206). A cup of Lipton green tea and fresh orange juice is 8 fluid ounces. A cup of cooked broccoli is taken to be 156g from the U.S. Department of Agriculture, Agricultural Research Service, 2014, USDA National Nutrient Database for Standard Reference, Release 27, Nutrient Data Laboratory Home Page, <http://www.nsl.usda.gov/nutrientdata> (NDB No. 11091). All calculations are approximate.